



FAMILIES, CHILDREN AND YOUNG PEOPLE
CARER SUPPORT, DISABILITY, AND AGED CARE
DOMESTIC VIOLENCE AND HOMELESSNESS
EDUCATION, TRAINING, HEALTH AND WELLBEING

Family Dispute Resolution

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A Child Safe Organisation
Centacare has an ongoing commitment to building
and maintaining a Child Safe Organisation.



Centacare welcomes people who are intersex,
gender diverse and of all sexualities.



Statement regarding the traditional owners of the land

For thousands of years Aboriginal people have walked
on this land, in their country. Their relationship with the
land is at the centre of their lives. We acknowledge the
Aboriginal people and their stewardship and spiritual
connection with their lands.



Centacare is nationally accredited
against the Quality Improvement
Council (QIC), Australian Health and
Community Services Standards.



Centacare

Information for Young People

Child Inclusive Family Dispute Resolution

Centacare's Child Consultants are accredited Family Dispute Resolution Practitioners or Child Counsellors with experience working with children and young people.

Why consider Child Inclusive Family Dispute Resolution?

- You are under 18 years old
- You would like to express your wishes and needs to your parents through a Child Consultant
- Your parents are currently participating in Family Dispute Resolution
- Both of your parents and yourself agree that a session with a Child Consultant sharing how you feel about the current situation may be helpful.

What are the possible benefits for you?

- Gives you an opportunity to be heard and understood
- Gives you a feeling of being accommodated or unburdened
- Possibly creating links that help you to process your experiences
- Possibly developing new coping skills.

What are the benefits to your family of talking to a Child Consultant?

- Enables parents to hear your wishes and needs without feeling that anyone else is misunderstanding or manipulating what you are saying
- Assists parents to make objective and age-appropriate parenting plans and decisions on your behalf

- Assists parents to have better communication about co-parenting and working together for your long-term benefit.

Confidentiality

What you say during the talk with the consultant is considered private and remains confidential until you give them permission to share it with your parents.

Centacare is committed to managing the information shared in an appropriate and sensitive way in the best interests of children and young people's wellbeing and safety.

We provide you with a child safe environment and ensure the rights of children and young people are upheld. Priority to safety overtakes matters of privacy.

How does the process happen?

- Both parents attend a separate session with the Child Consultant to share their views
- You will then attend a session with the Child Consultant individually and maybe together with siblings. Your parents will wait for you outside
- At the end, the Child Consultant will ask your permission to share what was discussed in the session. However, if any concerns around your safety come up then they will need to share those concerns to the appropriate people
- Both parents then attend a session with the FDR Practitioner and Child Consultant where the agreed information is shared with your parents. This information is used to assist your parents to make future plans around your care that include your thoughts and wishes
- The Family Dispute Resolution process continues and includes the knowledge shared with the goal of providing positive outcomes for the whole family, particularly with the best interests of the young people involved.