Dad's Business

Supporting Dads - Building Futures

Dad's Business provides relaxed and non-judgemental group environments where dads can be themselves and share their experience of parenting.

Our courses run during the school term.

Mondays 11am-2pm Dads' Time

Come and learn and talk about a range of fatherhood and men's topics. 1:1 and groups available.

Tuesdays 9.30am-10.30am Seahorse Program

6 week Prenatal & Postnatal skills for dads with children from 0-12 months.

Tuesdays 11am-12.30pm and 1pm-2.30pm Dads Plus

6 week parent skills for dads with children aged 0-12.

Wellbeing Wednesdays 10am-2pm

Weekly drop-in group to connect with other dads.

Bookings are essential for all courses.

Due to the nature of our services, we are unable to accommodate children at the DBHQ site.

Shop 7A, Elizabeth Rise Shopping Centre | 26 Hamblynn Rd, Elizabeth Downs
For more information, please contact Alex on 08 8412 9500.

ANGLICARE SA
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