



FAMILIES, CHILDREN AND YOUNG PEOPLE
CARER SUPPORT, DISABILITY, AND AGED CARE
DOMESTIC VIOLENCE AND HOMELESSNESS
EDUCATION, TRAINING, HEALTH AND WELLBEING



Funded by the Australian Government Department Social Services
Visit www.dss.gov.au for more information

A Child Safe Organisation
Centacare has an ongoing commitment to building
and maintaining a Child Safe Organisation.



Centacare welcomes people who are intersex,
gender diverse and of all sexualities.



Statement regarding the traditional owners of the land

For thousands of years Aboriginal people have walked
on this land, in their country. Their relationship with the
land is at the centre of their lives. We acknowledge the
Aboriginal people and their stewardship and spiritual
connection with their lands.



Centacare is nationally accredited
against the Quality Improvement
Council (QIC), Australian Health and
Community Services Standards.



Dad's Business

Supporting Dads - Building Futures
Centacare Catholic Family Services

*Centacarelu tampintheta ngadlu yaiya
Kurna yartangka tikanthi.
Ngadlu tampintheta Kurna Miyurna yaiya
mathanya Wama Tarntanyaku.*

*Centacare acknowledges that
we are living on Kurna land.
We recognise the Kurna people as the
owners/custodians of the Adelaide Plains*

Dad's Business
Shop 7A Elizabeth Rise Shopping Centre
26 Hamblynn Rd
Elizabeth Downs SA 5113
08 8412 9500
www.centacare.org.au

About the Program

Dad's Business is inclusive of all fathers from all walks of life, from all cultures.

The Dad's Business program delivers activities for fathers in the Playford area and provides relaxed and non-judgemental group environments where dads can be themselves and share their experience of parenting.

The focus is on engaging dads in the lives and wellbeing of their children, and building parenting skills, confidence, cultural belonging and a positive sense of self.

There is no one right way to be a father. Dad's Business will support you to find your way.

Program Aim

Dad's Business gives you the tools to:

- Recognise the value of fathers in family and children's lives
- Enhance wellbeing in fatherhood
- Connect with your children, be an involved parent, and have a positive influence on child development
- Strengthen the parent/child relationship
- Build a strong parenting team
- Develop positive family relationships to support children to reach their full potential
- Connect to community services and supports as required.

Dad's Business activities are a part of the Communities for Children initiative and is funded by the Department of Social Services via our Facilitating Partner, AnglicareSA.

Target Group

Dad's Business works with fathers of children aged from 0 to 12, who live in the Playford region.

What we do

Dads requiring support can book in for an appointment with Dad's Business to discuss their expectations, hopes or worries.

Our courses run during the school term and provide an opportunity to build parenting capacity, confidence and knowledge.

- **Dads' Time** - A space to discuss a range of fatherhood and men's topics. 1:1 and groups available.
- **Seahorse** – A six-week course designed to provide expecting or new dads of children aged up to twelve months with skills to navigate the early stages of family life.
- **Dads Plus** – A six-week course designed to provide all dads with children aged 0-12 years with the skills to build a solid family foundation and optimal growth for children.
- **Wellbeing Wednesdays** – Weekly drop-in group for dads to meet other fathers in a relaxed and non-judgmental environment to discuss family wellbeing.

Working with other services

Dad's Business activities provide the opportunity to link families with available community resources and services, encourage social connectedness and provide strong messages around child development and healthy lifestyle choices.

We will support you to connect with other services based on your individual needs.

Due to the nature of our services, we are unable to accommodate children at the DBHQ site.