

# OUR STORY

At Centacare Catholic Family Services, we believe everyone has the right to be treated with dignity and respect, regardless of their circumstances and the challenges they face.

Each year, we support more than 30,000 people through community services in metropolitan and regional South Australia, operating within a strong ethical framework informed by the values and principles of Catholic Social Teaching.

We are client focused and we provide support regardless of race, economic circumstance, sexual orientation, gender identity, religious belief or ethnic background.

Centacare is a Quality Accredited Organisation and is a registered NDIS provider.

[www.centacare.org.au](http://www.centacare.org.au)



Centacare Catholic Family Services



Centacare Catholic Family Services – Adelaide



Centacare\_adelaide



CentacareCFS



Archdiocese of Adelaide

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#### Child Safe Organisation

Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.

We endorse the Charter of Rights for Children and Young People in Care and promote those rights in our policies and practice.



Centacare is a Registered Training Organisation  
RTO No. 1004



Registered NDIS Provider



Centacare welcomes people who are intersex, gender diverse and of all sexualities.



#### Statement regarding the traditional owners of the land

For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



Centacare is nationally accredited against the Quality Improvement Council (QIC), Australian Health and Community Services Standards.





## CHILDREN + FAMILIES

At Centacare, we believe in providing individuals, children and families with opportunities, safety and stability.

Our multidisciplinary teams work with families to identify and harness their strengths, address challenges, and build confidence.

We promote the voice of the child and caregivers in all that we do.

Our aim is to build parenting capacity that is sustained long-term through the provision of specialist supports.

## PARENTING + RELATIONSHIPS

**We provide respectful, effective and inclusive services to foster positive relationships.**

We welcome the diversity of families and individuals within our communities and offer a range of services to improve relationships and parenting skills, while nurturing personal growth and lifelong learning.

Our services include family relationship counselling, school counselling and pastoral care, family dispute resolution, community and educational activities, as well as early intervention for children experiencing mental health issues.

## NDIS SUPPORTS

We acknowledge the importance of supporting individuals to make their own meaningful choices in life.

We assist NDIS Participants with long-term accommodation, day options, supported independent living and plan management.

## CARER SUPPORT + AGED CARE

**We support carers in the northern suburbs through advocacy and connections to social and community support networks. We also provide low level aged care assistance to members of our local community.**

We offer specific programs to Aboriginal and Torres Strait Islander communities and people from culturally and linguistically diverse backgrounds.

## WELLBEING + EDUCATION

**Through ACCESS, we offer workplace support programs including Employee Assistance Program (EAP) counselling sessions, mediation, critical incident response, training, coaching and consultancy services to contracted organisations.**

We upskill professionals in the human services sector with the accredited and non-accredited courses we deliver as a Registered Training Organisation.

## DOMESTIC VIOLENCE

**We support women and children to reclaim and maintain their fundamental human right to safety.**

Our services include supported accommodation, safety planning, case management, and other crisis support for people who are homeless or at risk of homelessness due to domestic and family violence.

We also offer outreach support in keeping with our belief that the ideal place for a woman and her children is in their home.

## YOUNG PEOPLE + HOMELESSNESS

**We aim to empower young people with a sense of purpose, hope and stability.**

We provide early intervention, case management outreach and other supports to people who are homeless or at risk of homelessness.

We support people in staying connected with education and employment, developing life skills and transitioning to safe and sustainable housing.

## MENTAL HEALTH

We provide a variety of services for individuals and families, including those who are experiencing challenges with drug and alcohol use, mental health, and connection to community.