

Supporting Children After Separation Information Session

Online via zoom video conferencing

Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



*Please note that camera access is required and must be switched on during session.

Available Sessions:

*ZOOM invitation will be emailed to participants		Cost: \$5.00 – No fee for mediation clients	
Thursday 25.01.2024	5.30pm – 7.30pm	Thursday 18.04.2024	5.30pm – 7.30pm
Friday 23.02.2024	1.30pm – 3.30pm	Friday 17.05.2024	1.30pm – 3.30pm
Wednesday 20.03.2024	10.00am – 12.00pm	Wednesday 19.06.2024	10.00am – 12.00pm

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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