

## Supporting Children After Separation Information Session Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

## This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



## **Available Sessions**

Venue: Centacare 34 Yorktown Rd, Elizabeth Park		Cost: \$5.00 – No fee for mediation clients	
Thursday 18.01.2024	1.00pm – 3.00pm	Tuesday 09.04.2024	1.00pm – 3.00pm
Tuesday 13.02.2024	10.00am – 12.00pm	Thursday 09.05.2024	1.00pm – 3.00pm
Thursday 14.03.2024	10.00am – 12.00pm	Tuesday 04.06.2024	10.00am – 12.00pm

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: <u>registrations@centacare.org.au</u>

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## www.centacare.org.au