

Supporting Children After Separation Information Session Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



Available Sessions

Venue: Centacare 34 Yorktown Rd, Elizabeth Park		Cost: \$5.00 – No fee for mediation clients	
Thursday 18.01.2024	1.00pm – 3.00pm	Tuesday 09.04.2024	1.00pm – 3.00pm
Tuesday 13.02.2024	10.00am – 12.00pm	Thursday 09.05.2024	1.00pm – 3.00pm
Thursday 14.03.2024	10.00am – 12.00pm	Tuesday 04.06.2024	10.00am – 12.00pm

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: <u>registrations@centacare.org.au</u>

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www.centacare.org.au