

## **Supporting Children After Separation Information Session**

## Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

## This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



## **Available Sessions**

Venue: Centacare  1A/2 Sturt Reserve Road, Murray Bridge		Cost: \$5.00 — No fee for mediation clients	
Thursday 15.06.2023	10.00am – 12.00pm	Thursday 05.10.2023	10.00am - 12.00pm
Thursday 27.07.2023	10.00am-12.00pm	Thursday 09.11.23	10.00am - 12.00pm
Thursday 31.08.2023	10.00am – 12.00pm	Thursday 14.12.2023	10.00am - 12.00pm

Bookings essential. Please contact Centacare on 8215 6320 or email your details to: <a href="mailto:registrations@centacare.org.au">registrations@centacare.org.au</a>

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