

## Supporting Children After Separation Information Session Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

### This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



### Available Sessions

<b>Venue:</b> Centacare, Level 2 45 Wakefield Street, Adelaide		<b>Cost:</b> \$5.00 – No fee for mediation clients	
Wednesday 17.01.2024	5.30pm – 7.30pm	Wednesday 10.04.2024	5.30pm – 7.30pm
Thursday 15.02.2024	1.30pm – 3.30pm	Thursday 09.05.2024	1.30pm – 3.30pm
Friday 15.03.2024	10.00am – 12.00pm	Friday 07.06.2024	10.00am – 12.00pm

**Bookings essential. Please contact Centacare on 8215 6700 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

This project is jointly funded by Centacare Catholic Family Services and Department of Social Services