

## Centacare What to do When Kids Push your Buttons

This course is for families experiencing separation

## A FREE workshop to assist Parents and Carers:

Identify triggers Understand what is behind your child's behaviour Learn how to defuse the behaviour Find new behaviour management strategies

- Time:
   1:00pm 3:00pm

   Date:
   Tuesday 21 February 2023
- Venue: Centacare Level 2 45 Wakefield Street, Adelaide 5000

Please note childcare facilities are not available and children cannot be present at this course



Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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## www.centacare.org.au