

Inside Their Heads – Understanding Teenagers

This course is for families experiencing separation.

Time: 1:00pm – 3:00pm

Date: Tuesday 2nd of July

Venue: Centacare

Level 2, 45 Wakefield Street.
Adelaide, SA 5000



A FREE workshop for Parents and Carers. Come along and learn about:

- What's happening for today's teens
- The task of adolescence
- Adolescent brain development
- Setting boundaries
- Communication that encourages two-way respect and understanding

Bookings essential. Please contact Centacare on 8215 6700

This project is jointly funded by Centacare Catholic Family Services and Department of Social Services