



Centacare

Supporting Sole Parents

Exploring Depression Using Creativity Workshop

Thursday 22nd November 2018

10.30am – 1pm



This workshop explores your perspective of depression using art mediums. Endeavour to escape the self-debilitating thoughts and view your world differently.

Facilitated by Susan Hnilica Art Therapist

Cost: Gold coin low income; \$10 waged

Funded by the Department of Human Services.

WHEN: Thurs 22nd November 2018

WHERE 14 Blacks Road Gilles Plains SA 5086

TIME: 10.30am – 1pm

BOOKINGS: To register phone 8261 0993
Wed/Thurs/Fri 9am – 5pm.