



Centacare

Creating Competent Children

A FREE workshop for Parents to encourage parenting practices that build competence, optimism and capability in Children

This course is for families experiencing separation

This workshop will explore:

- 12 ways to deliver the gift of competence
- Practical strategies to promote resilience and persistence
- Risky play – why children love it and need it



Venue:

Centacare Level 2,
45 Wakefield Street,
Adelaide SA 5000

Date and Time:

Thursday 12 March 2020
1:00pm – 3:00pm

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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www.centacare.org.au