

## Centacare Circle of Security Parenting

This course is for families experiencing separation

Do you want to have more understanding about your child's behaviour? Come along to this FREE 6 week course and learn how to:

Help your child organise their feelings Enjoy a more fulfilling relationship with your child Help your child to feel secure, both now and into the future

**Time:** 10:00am – 11:30am

**Date:** Tuesdays:

23 February

2, 9, 16, 23, 30 March

**Venue:** Centacare Level 2

45 Wakefield Street,

Adelaide 5000

Please note childcare facilities are not available and children cannot be present at this course



Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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