



Centacare

# Circle of Security Parenting

This course is for families experiencing separation

**Do you want to have more understanding about your child's behaviour?  
Come along to this FREE 6 week course and learn how to:**

Help your child organise their feelings

Enjoy a more fulfilling relationship with your child

Help your child to feel secure, both now and into the future

**Time:** 1:00pm – 2:30pm

**Date:** Tuesdays:  
24, 31, October  
7, 14, 21, 28 November

**Venue:** Elizabeth Rise Community Centre  
Shop 5/26 Hamblynn Road  
ELIZABETH DOWNS 5113

*Please note childcare facilities are not available and children  
cannot be present at this course*



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**Bookings essential. Please contact Centacare on 8215 6700 or email your  
details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

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[www.centacare.org.au](http://www.centacare.org.au)