



Centacare

Circle of Security Parenting

This course is for caregivers with children under five, in their care

**Do you want to have more understanding about your child's behaviour?
Come along to this FREE 7-week course and learn how to:**

Help your child organise their feelings
Enjoy a more fulfilling relationship with your child
Help your child to feel secure, both now and into the future

Time: 1:00pm – 2:30pm

Date: Tuesdays
12, 19, 26 April
3, 10, 17, 24 May

Venue: **Elizabeth Rise Community Centre**
Shop 7/26 Hamblynn Road
Elizabeth Downs



Please note childcare facilities are not available and children cannot be present at this course

Bookings essential. Please contact Centacare on 8215 6700 or email your details to:
registrations@centacare.org.au

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www.centacare.org.au