



## CHSP Eligibility

Eligibility is based on support needs and age:

- 65 years or older (50 years or older for Aboriginal and Torres Strait Islander people),
- 50 years or older (45 years or more for Aboriginal and Torres Strait Islander people) and on a low income, living homeless or at risk of homelessness.

To find out if the CHSP is right for you, and what services you could receive based on your needs, a home support face-to-face assessment is needed.

To find out if you are eligible to receive these services, phone My Aged Care on 1800 200 422.

Alternatively, contact Centacare directly by phone or email.

Disclaimer – “Although funding for the Commonwealth Home Support Programme has been provided by the Australian Government the material contained herein does not necessarily represent the views or policies of the Australian Government”.



FAMILIES, CHILDREN AND YOUNG PEOPLE  
CARER SUPPORT, DISABILITY, AND AGED CARE  
DOMESTIC VIOLENCE AND HOMELESSNESS  
EDUCATION, TRAINING, HEALTH AND WELLBEING

**CHSP Services**  
The Centa  
34 Yorktown Road  
Elizabeth Park SA 5113  
08 8412 9570  
chспенquiries@centacare.org.au  
[www.centacare.org.au](http://www.centacare.org.au)

Supported by:



**Australian Government**  
**Department of Health and Aged Care**

A Child Safe Organisation  
Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.



Centacare welcomes people who are intersex, gender diverse and of all sexualities.



**Statement regarding the traditional owners of the land**  
For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



Centacare is nationally accredited against the Quality Improvement Council (QIC), Australian Health and Community Services Standards.



## Care and Support Services

# COMMONWEALTH HOME SUPPORT PROGRAMME

Live life to the fullest



**If you want to stay in your own home but need some help with daily tasks, our Commonwealth Home Support Programme (CHSP) may be able to assist.**

**We help senior Australians access entry-level support services to keep well, live independently and safely at home, and stay connected to community.**

### **CENTACARE IS HERE TO HELP**

Centacare is funded through the Australian Government Department of Health and Aged Care to deliver care and services under the CHSP.

Our focus is on working with you to achieve your goals.

### **SUPPORTS AVAILABLE**

We offer a range of services including:

- Aboriginal Elder social groups
- Flexible respite packages (from 3- 12 hours per month)
- Social support group – meal and transport included
- One-on-one social support - in home or in community
- Centre-based respite group

Services are delivered at a subsidised cost which are regularly reviewed in line with Government regulations.

### **OTHER SERVICES**

We offer a range of supports to help you maintain your independence. These services include:

- Carer support
- Disability support
- Children's services
- Planned respite
- Counselling
- Telephone support
- Information
- Education
- Young carers/siblings support
- Advocacy and referral