



FAMILIES, CHILDREN AND YOUNG PEOPLE
CARER SUPPORT, DISABILITY, AND AGED CARE
DOMESTIC VIOLENCE AND HOMELESSNESS
EDUCATION, TRAINING, HEALTH AND WELLBEING

Community Connections: Carer Support
The Centa
34 Yorktown Road
Elizabeth Park SA 5113
08 8412 9570
ccpenquiries@centacare.org.au
www.centacare.org.au

Supported by the Government of South Australia.



A Child Safe Organisation
Centacare has an ongoing commitment to building
and maintaining a Child Safe Organisation.



Centacare welcomes people who are intersex,
gender diverse and of all sexualities.



Statement regarding the traditional owners of the land
For thousands of years Aboriginal people have walked
on this land, in their country. Their relationship with the
land is at the centre of their lives. We acknowledge the
Aboriginal people and their stewardship and spiritual
connection with their lands.



Centacare is nationally accredited
against the Quality Improvement
Council (QIC), Australian Health and
Community Services Standards.



CARER SUPPORT PROGRAM

Community Connections

WHO IS ELIGIBLE?

- Carers aged 18 to 64 (18 to 49 for Aboriginal and Torres Strait Islander peoples)
- A young carer under the age of 18 years
- Living in Northern Adelaide, or the Barossa Light Lower North area
- Not registered with My Aged Care or the National Disability Insurance Scheme.

REFERRAL PATHWAYS

Direct referrals

Monday to Friday, 9am to 5pm
(08) 8412 9570
ccpenquiries@centacare.org.au

Alternatively, you can contact the Regional Coordinating Partner for the area at dhs.sa.gov/community-connections or can ask for assistance from your GP or another service you may be receiving supports from.



WHAT WE DO

Centacare is a Carer Support Partner with the Community Connections Program.

We support people to increase their independence in the home and to build stronger social and community connections.

The program is a short-term, flexible service that assists in connecting community members with longer-term support as required.

To find out more about the Community Connections Program visit:
dhs.sa.gov/community-connections

SUPPORT TYPE

Centacare Carer Coordinators will support and empower individuals to identify aspirations aimed at maximising their independence, connection to community, and social opportunities.

We walk alongside carers in the spirit of collaboration to provide a supportive and accessible service that listens, and respects cultural and social differences.

When carers focus on their own needs and take a little time out from their caring role, the end result is better care for their loved one at home.

TAILORED SUPPORTS

Individual and group work sessions can be held to assist you within the following areas of interests:

- Your health, wellbeing and lifestyle
- Undertaking further education and employment opportunities
- Exploring your transportation options
- Connecting you with other community services
- Linking you to suitable housing options
- Increasing capacity with areas of daily living
- Connecting you with other like-minded carers of similar ages through social events and group activities.