



Centacare

# Bringing Up Great Kids

This course is for families experiencing separation

**A FREE 4 week course for Parents and Carers to encourage parenting practices that build competence, optimism and capability in Children**

**Time:** 1:00pm-3:00pm  
**Dates:** Wednesdays:  
10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> of January 2024  
**Venue:** Centacare Level 2  
45 Wakefield Street,  
Adelaide 5000

*Please note childcare facilities are not available and children cannot be present at this course*



**Bookings essential. Please contact Centacare on 8215 6700 or email your details to:**  
[registrations@centacare.org.au](mailto:registrations@centacare.org.au)

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[www.centacare.org.au](http://www.centacare.org.au)