

Are you living with OCD or have a partner who has OCD? *Research Participants Wanted*

ACAP Australian
College of
Applied
Psychology

Participant Requirements:

1. Are you 18 years or older?
2. Able to read and write in English?
3. Have Obsessive Compulsive Disorder (OCD) yourself and/ or have a partner with Obsessive Compulsive Disorder?
4. Have you been in a romantic relationship with your partner for 12 months or more?
5. Are you an Australian resident?



What does the study involve?

This study will involve persons with OCD and/or their partners to complete a 30-minute (approximately) online survey consisting of a series of questionnaires at two time points (3 months in between). Questionnaires will be completed online using the Qualtrics link below, by either persons with OCD and/or their partners. Responses will remain anonymous through a unique code with an email address being requested to remind participants to complete the second questionnaire 3 months later. Email addresses will not be linked to responses.

What if I want to participate but my partner does not want to?

If your partner does not want to complete the questionnaire, you are encouraged to still complete the questionnaire independently. All information provided is valuable to the overall study.

What will you gain from participating in this study?

1. All participants can elect to be entered into the draw to win one of ten \$25 Coles eGift vouchers (five won at each time point of questionnaires). These vouchers will be provided to winning participants via email.
2. Participants will assist in expanding the existing literature on how partners relate to those living with OCD. The findings of this study will assist in enhancing understanding on the nature of OCD and ultimately help enhance treatment planning and outcomes.

***If you are interested in participating in this study or would like to find out more information,
please use the below link / barcode.***

https://acap.au1.qualtrics.com/jfe/form/SV_a2Bn3xorN8dEOZ7



This research is being conducted at ACAP by Ms. Brianna Toohey in partial fulfilment of their Masters' of Clinical Psychology, under the supervision of Dr. Josephine Paparo (Senior Lecturer) and has been approved by the Human Research and Ethics Committee (562130220). Should you have any questions or concerns please contact the researcher, Ms. Brianna Toohey at 251100@my.acap.edu.au or primary supervisor, Dr. Josephine Paparo at Josephine.Paparo@acap.edu.au