



Centacare

Wandana Community Centre

14 Blacks Road, Gilles Plains SA 5086

Lovely Lunches

Term 1 2018

3 Course Meal – Tea/Coffee \$8.00

Wednesdays - Serving at 12pm

	Soup	Main	Dessert
31 st Jan	Pumpkin and Carrot	Meat Loaf & Veg	Nut Sundae
7 th Feb	Vegetable	Lasagna & Salad	Vanilla Slice
14 th Feb	Red Lentil	Apricot Chicken & Veg	Apple Cake
21 nd Feb	Broccoli, Spinach & Potato	Pasta Bake & Salad	Sticky Date Pudding
28 st Feb	Minestrone	Chicken Stroganoff & Rice	Mango Pudding
7 th Mar	Tomato and Basil	Beef Korma & Rice	Nut Sundae
14 th Mar	Potato & Leek	Chicken & Spinach Bake	Sago Pudding
21 nd Mar	Cauliflower	Sausage, Gravy & Mash	Fruit & Ice Cream
28 th Mar	Vegetable	Beef Goulash & Potato	Bread & Butter Pudding
4 th Apr	Carrot & Chickpea	Cottage Pie	Lemon Cheesecake
11 th Apr	Chicken and Corn	Chicken Schnitzel & Salad	Nut Sundae

Menu subject to change

Phone: 8261 8124 or Email: wandanacc@centacare.org.au