

Stronger Families (Targeted Intervention)

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Centacare

STRONGER FAMILIES

Where does the service operate?

Stronger Families supports families living in the Adelaide Metropolitan area, Barossa, Riverland, Adelaide Hills, Fleurieu, Murraylands and Limestone Coast.

Referrals

The program can accept referrals from:

- Department for Child Protection (DCP), including Linking Families
- DECD Child Well-Being Practitioners
- DECD Children Centres
- Child and Family Health Service Nurses
- Non-Government Organisations

The service is voluntary and referrals are made with the families' consent.

Referrals are made via email to

FORSReferrals@centacare.org.au

Or by making direct contact with the Program Manager:

-Adelaide Metro, Barossa, Riverland, Adelaide Hills, Fleurieu & Murraylands | Ph: 8159 1400

-Limestone Coast | Ph: 8724 0500



Centacare
Catholic Family Services

Disability

Families, Youth and Children

Health and Wellbeing

Employment, Education and Training

Homelessness

This program is funded by
Department for Education and Child Development

A Child Safe Organisation
Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.



Statement regarding the traditional owners of the land.
For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



Quality Assurance
Centacare is a nationally accredited organisation assessed against the Quality Improvement Council (QIC) Australian Health & Community Services Core Standards and the Community Services Standards.

TARGETED INTERVENTION

Stronger Families

About the Service

What we support families with

Stronger Families is a Targeted Intervention Service that supports families with children 0-18 years in their home.

Families are supported with a range of issues including:

- Parenting support
- Attachment difficulties
- Responding to children's emotional and behavioural needs
- Parent/child conflict
- Household management and routines
- Social isolation
- Substance misuse
- Abuse and/or neglect
- Impact of trauma
- Grief and loss
- Depression and anxiety (including perinatal)

Stronger Families is a voluntary service where families consent to referral.

Service Delivery

How we support families

Families working with Stronger Families will receive ongoing case management support from the allocated Family Intervention Worker. Families may also receive health assessments and interventions by an allocated Clinical Nurse.

Stronger Families uses a strengths based approach; recognising that parents have skills and expertise in understanding what works for their family.

Interventions and support are adapted to individual family needs, are child-focused and can be provided for up to 12 months.

The service provides:

- Assessment
- Case management
- Practical and therapeutic in-home support
- Groups for parents/carers
- Connections to community networks and supports.

Stronger Families practice foundations include attachment, child development and trauma informed practice.

Service Aims

What we want to achieve

Stronger Families aims to support families with children where early child well-being or safety risk factors have been identified by providing timely, individualised and culturally sensitive interventions to:

- Recognise and build on family resilience and parenting confidence
- Increase families sense of belonging and connection to their community
- Promote child safety and well-being
- Reduce and/or eliminate risk factors
- Prevent family breakdown
- Enhance and improve family functioning, and
- Support parents to care for children in their care.