



Centacare

Wandana Community Centre

14 Blacks Road, Gilles Plains SA 5086

Lovely Lunches

Term 2 2018

3 Course Meal – Tea/Coffee \$8.00

Wednesdays - Serving at 12pm

	Soup	Main	Dessert
2 nd May	Pumpkin	Meat Loaf & Veg	Mango Pudding
9 th May	Vegetable	Quiche & Salad	Sticky Date Pudding
16 th May	Tomato & Basil	Chicken Stroganoff	Nut Sundae
23 th May	Broccoli, Spinach & Potato	Beef Korma & Rice	Apple Cake
30 st May	Minestrone	Pasta Bake & Salad	Bread & Butter Pudding
6 th June	Red Lentil	Chicken & Spinach Bake	Sago Pudding
13 th June	Carrot & Parsnip	Butter Chicken & Rice	Nut Sundae
20 st June	Cauliflower	Sausage, Gravy & Mash	Fruit & Cream
27 th June	Vegetable	Beef Goulash & Potato	Mango Pudding
4 th July	Chicken & Corn	Chicken Schnitzel & Salad	Nut Sundae

Menu subject to change

Phone: 8261 8124 or Email: wandanacc@centacare.org.au



Centacare

Wandana Community Centre

14 Blacks Road, Gilles Plains SA 5086

Lovely Lunches

Term 2 2018

3 Course Meal – Tea/Coffee \$8.00

Wednesdays - Serving at 12pm

	Soup	Main	Dessert
2 nd May	Pumpkin	Meat Loaf & Veg	Mango Pudding
9 th May	Vegetable	Quiche and salad	Sticky Date Pudding
16 th May	Tomato & Basil	Chicken Stroganoff	Nut Sundae
23 th May	Broccoli, Spinach & Potato	Beef Korma & Rice	Apple cake
30 st May	Minestrone	Pasta Bake & Salad	Bread & Butter Pudding
6 th June	Red Lentil	Chicken & Spinach Bake	Sago Pudding
13 th June	Carrot & Parsnip	Butter Chicken & Rice	Nut Sundae
20 st June	Cauliflower	Sausage, Gravy & Mash	Fruit & Cream
27 th June	Vegetable	Beef Goulash & Potato	Mango Pudding
4 th July	Chicken & Corn	Chicken Schnitzel & Salad	Nut Sundae

Menu subject to change

Phone: 8261 8124 or Email: wandanacc@centacare.org.au