



Centacare's Relationship Education (Pre-Marriage) Program

Centacare is proud of its long history, beginning in the 1950s with the Catholic Women's League, of supporting couples in committed relationships. While our programs and presentations have evolved over the years, our core values remain embedded in the principles of Catholic Social Teaching. Because we also value our staff, who are committed to providing relevant, authentic and effective services to our clients, we'd like to introduce you to our Relationship Educators. They bring a vast amount of experience in working with couples to help guide them along the path of their committed relationship.

Our Team



Adriana has been with Centacare since 2000 and with the Relationship Education program since 2005. Her qualifications are Bachelor of Arts in Social Work. Adriana also works in our Family Relationships Counselling Program in Adelaide.



Bernie has had a role as a helping professional since 1990 and has worked for Centacare since 2008. He has worked in the Relationship Education program since 2012. He has a degree in Psychology and postgraduate qualifications in Counselling and Addictions. Bernie also works in Centacare's Family Relationship program in Adelaide and Aldinga.



Clare has been with Centacare and a member of the Relationship Education team for 24 years. Her qualifications are Diploma of Teaching; Graduate Diploma in Religious Education; Graduate Diploma in Adult Education and Master of Counselling and Psychotherapy. Clare also works in the Parenting Education program, the Family Relationships and School Counselling programs in Adelaide.



Ceri has been with Centacare since 2012 and with the Relationship Education program since 2016. She's been delivering education sessions to groups since 2006. Her qualifications are Masters in Mediation & Conflict Resolution; Diploma of Counselling & Group Work and Diploma of Community Services (Counselling). Ceri also works in our Family Dispute Resolution program in Adelaide and Mt Gambier.

Feedback from our clients

'I enjoy being here. I'm taking a few tips to improve the communication in my future marriage.'

'I found the sessions helpful in having challenging conversations with my partner in a supported environment.'

'I thought the service was professional and liked the way she used examples as well as evidence/science-based studies/ references and support items of discussion. She was accepting, open and respectful of both of our values, feelings and opinions. Especially appreciated the Info Pack provided and reference material for further consideration.'

'Really worthwhile. Got a lot out of it.'

For more information and to register, please call 8215 6700