

Wandana Community Centre - Activities Guide Term 3- 2019

Monday

Wandana Community Garden

Help green our community garden. Share skills and make friends. Childcare may be available - please enquire. All welcome—FREE
9am—12pm *Starts: July 22nd*

Patchwork Quilting Group

Bring your machine/hand stitching quilting project and join our social quilting group. Cost: \$2 per session
9am—12pm *Starts: Aug 26th*

Walking Group

Improve your fitness and take time out. Go walking with a sociable group. Meet 9.25am at Wandana office. Morning tea after. Cost: \$1
9.30am—11am *Continuing each week*

Beginners English

English language for beginners: speaking, reading and writing. Childcare available. Cost: \$2 per class
10am—12pm *Starts: July 22nd*

Move to the Beat - Children's Dance/Drama Class

Find your rhythm and get fit with fun on your feet! Can boost your child's focus, coordination and self-confidence. Ages 5-13 years. Qualified Instructor from VIP Dance Cost: \$2 per session
4.30pm—5.30pm *Starts: July 22nd*

Tuesday

English Class - More than the basics

Improve your English language and literacy skills in a friendly class. Plan for your future.
*Accredited training (FSKRDG04 Read and respond to basic workplace information) Childcare available. Cost: \$2 per class
9.30am—12.30pm *Starts: July 23rd*

English Conversation Class

Beginner English speakers. Improve your English language skills. Childcare available. Cost: \$2 per class
9.30am—12.30pm *Starts: July 23rd*

Playgroup

Forge friendships and have fun. For parents and children aged under 5 years. Please bring a piece of fruit to share. Cost: \$1 per session
10am—12pm *Starts: July 23rd*

Seniors Fitness Class

For mobility, strength & balance. Gentle exercise in a friendly group. Pre-assessment may be required at a cost of \$15. Qualified Instructor. Cost: \$5 per class
1.30pm - 2.30pm *Starts: July 23rd*

Wednesday

Women's English Class

Let's practice English together using numbers and measurements for everyday tasks like reading bus timetables & working out the best price on a grocery item. Gain the friendship and support of other women from varied cultures.
Childcare available. Cost: \$2 per class 20 sessions
9.30am—12.30pm *Starts: July 24th*
*Accredited training (FSKNUM04 Locate, compare and use highly familiar measurements for work)

Senior Men's Groups

Contact Social workers / Social groups at Helping Hand Aged Care on 1300 444 663 for more information and to book your place.
10am - 1pm *Ongoing*

Lovely Lunch

Tuck into a delicious three course home-style meal. Served soon after midday. All welcome. Cost: \$8
From 12pm *Starts: July 24th*

Working toward your future goals—Aged Care

Would you like to work in Aged Care? This course will help you with the basics you need. Explore if it's really for you before starting any formal study. Visits to Aged Care services included.
Childcare may be available. Cost: \$2 per class 20 sessions
1pm - 3pm *Starts: July 24th*
*Accredited training (FSKLRG03 Use basic strategies for career planning)

Thursday

Beginners-Plus English

Learn basic English language, reading, writing and speaking. Join in at any time during the term. Childcare available. Cost: \$2
10am—12pm *Starts: July 25th*

Women's Group

Uighur/Turkic social group with guest speakers and social outings. Childcare available. FREE
10am—12pm *Starts: July 25th*

Conversations in English

Enjoy casual conversations in an informal learning group.
1pm—2.30pm *Starts: July 25th*



* Accredited training—Units from FSK10113 Certificate I in Access to Vocational Pathways
** Accredited training—Unit from FSK10213 Certificate I in Skills for Vocational Pathways
This program is supported by the Department for Industry and Skills

Friday

Craft, Coffee & Chat

Bring your craft projects and get creative in a small, sociable group. Share ideas. Some materials available. Cost: \$2 per session
9.15am—11.15am *Starts: July 26th*

Creativity & Communication Support Group

Over 8 weeks we will be utilising a combination of creativity/art therapy and different communication skills to explore our personal journeys. No art skills required.
Facilitated by Kath Silard OAM and Susan Hnilica.
Cost: \$2 per session. 9 sessions.
Free child care available but bookings essential. Please provide a snack, nappies (if required) & a change of clothes. Ph: 8261 0993
10am—1pm *Starts: July 26th*

Basic Digital Skills

Enhance your job prospects by learning basic computer skills. Learn Windows 10 system, keyboard & mouse, word processing and relevant terminology. Opportunity to explore your Smartphone/ Tablet.
*Accredited training. (FSKDIG01 Use digital technology for basic workplace tasks)
Child care may be available if requested
Bookings essential. Cost: \$20 per term (10 sessions)
10am—12.30pm *Starts: July 26th*

Safer Use of Internet & Email

You will learn about the Internet and how to use Google, Email, look up webpages & online services safely (eg. MyGov, Seek, banking and shopping). Opportunity to explore your Smartphone/Tablet/iPad.
**Accredited training. (FSKDIG02 Use digital technology for simple workplace tasks)
Child care may be available if requested
Bookings essential. Cost: \$20 for term (10 sessions)
1pm—3pm *Starts: July 26th*

Saturday

Arabic Language School

Teaching Arabic language, Quranic and Islamic studies for children aged 6—17 years. Phone 0424 204 595 for more information.
9.30am—12.30pm *Starts: July 20th*

Uighur Language School

Ethnic school: Teaching Uighur language and culture for children.
1pm—3pm *Starts: July 27th*

Justice of Peace (JP) Service available

1.30—3.30pm on Mondays and Thursdays
Bookings generally not required. You may phone to enquire.
The role of the JP is to act as an independent and objective witness to documents needed for official or legal purposes.

You're welcome at Wandana

Wandana Community Centre is run for and by the community. We welcome and respect people from a diversity of backgrounds, cultures, ages and gender; and aim to encourage personal growth and lifelong learning within a caring, friendly, non-discriminatory environment.

Our office is open:

Monday to Thursday: 9.00am—3.30pm

Friday: 9.00am—12.00pm

Message from the Manager

Welcome to **your** local Wandana Community Centre. Our 'What's on' guide lets you know about many of the things you can do and learn at the centre while meeting new friends and having fun along the way.

We conduct an Adult Community Education program that includes a number of courses focussing on language, literacy and numeracy as well as digital literacy (computing, smart phones, tablets). These are conducted each week during school terms. Look at our program and phone or drop in if you would like more information.

Classes that focus on English language are suitable for people just beginning to speak English as well as those who have some language but need help with speaking, reading, writing. Look at exploring Aged Care as a study / employment option. Everyone is welcome at Wandana. We hope to see you soon.

Warm regards,

Rille Walshe OAM

Manager

Other activities available

Counselling: Relationship counselling by appointment.

Volunteer opportunities: Including cook / kitchen hand; crèche workers and English tutors.

School holidays: Workshops and children's activities

Please call the office on 8261 8124 for more information.

Supporting Sole Parents

Is a service that provides counselling, workshops and classes, information and support for sole parent families.

Counselling available for sole parents by appointment.

Ph: 8261 0993 for bookings and enquiries from

Thurs & Fri & alternate Weds from 9.30am to 5pm.



FAMILIES, YOUTH AND CHILDREN
EMPLOYMENT, EDUCATION AND TRAINING
HEALTH AND WELLBEING | DISABILITY
DOMESTIC VIOLENCE AND HOMELESSNESS

Wandana Community Centre

14 Blacks Road, GILLES PLAINS SA 5086

T 8261 8124 | F 8261 5164

wandanacc@centacare.org.au

www.centacare.org.au

This service is supported by

The Department of Human Services.

The Foundation Skills courses are funded through the Government of South Australia.

Morialta Trust Incorporated.

A Child Safe Organisation

Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.



Statement regarding the traditional owners of the land.

For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



Quality Assurance

Centacare is a nationally accredited organisation assessed against the Quality Improvement Council (QIC) Australian Health & Community Services Core Standards and the Community Services Standards.



Centacare

WANDANA COMMUNITY CENTRE

What's on
Term 3, 2019

You're welcome at
Wandana!

14 Blacks Road Gilles Plains
T 8261 8124 | F 8261 5164